

cbirt

The Center on Brain Injury
Research and Training



Three Programs. One Integrated System.
Local delivery with statewide infrastructure

DSHS Introduction

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The Project Team

CBIRT

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Project Partners:

- Holding the Hope
- Washington 211
- Inspiring Here and Now

Who is CBIRT?

CBIRT is a research and training center within the Department of Psychology at the University of Oregon, dedicated to advancing evidence-based supports for individuals with brain injury. Through innovative research and the dissemination of best practices, we work to improve educational, employment, and quality-of-life outcomes for children and adults and to build the capacity of the caregivers, educators, and professionals who support them.

Other CBIRT Projects



Administration for Community Living TBI State Partnership Project

Creating and strengthening systems of services and supports for people with brain injuries across the lifespan, their family members, and their support networks.



B-JUST

Identifying training needs for juvenile corrections personnel related to brain injury



Building Capacity Workshop Series

Trainings to enhance skills, increase knowledge, and build connections.



PRRFCT Match and PRRFCT Match Spanish

Promoting Reciprocal Relationships with Flexibility, Coaching and Teaching:
A coaching program for caregivers of young children with developmental disabilities and neurodiversity



Oregon TBI Team

Oregon Department of Education Program supporting students under 21 with TBI



Rapid Alaska Brain Injury Tool (RABIT)

The RABIT is currently being utilized by the Alaska Division of Juvenile Justice during probation intake assessments



Return to School

Studying the effectiveness of the return to school protocols in Central Oregon



SafeKids WA

A website with safety education modules designed for parents



Tiered Online Training and Supports (TOTS)

Online modules for families to reduce challenging behavior in young children with intellectual and developmental disabilities (including brain injury)



TBI-SOS

A digital hub-and-spoke model to boost TBI awareness and support among school staff and communities

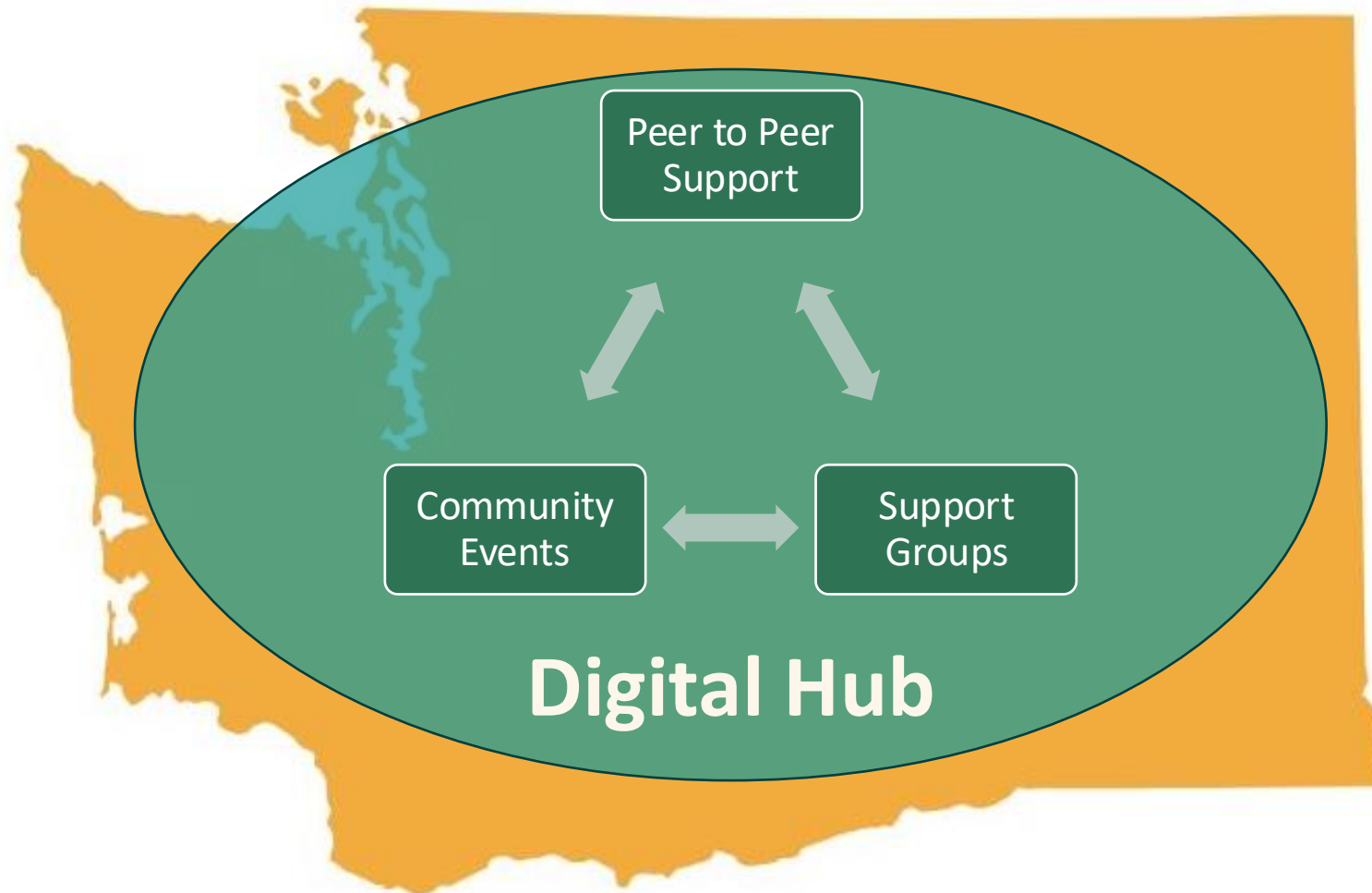


Veteran Brain Injury Project

Building networks of trained providers focused on behavioral health and screening

WA TBI SOS

Traumatic Brain Injury System of Support



Project Strategy

Funds flow to local organizations

- Targeted subawards/subcontracts to support existing organizations and individuals providing TBI community support
- Provide foundation and support for new individuals and organizations wanting to provide TBI community support

Focus on diversity and statewide support

- Proactive engagement of underserved populations
- Integrated digital platform- supports rural, low-bandwidth communities

Support Groups

Goal:

Statewide system of TBI support groups that are:

- In person
 - Easily accessible
 - Sustainable
 - Evidence based
 - Culturally responsive
- Trained and paid facilitators (preparation, meeting, data collection)
 - Optional material/curriculum available
 - Flexibility to respond to the specific needs of the group
 - Each group will be tailored to the needs of the attendees to ensure relevance, accessibility, and impact
 - Monthly facilitator networking and support meeting

Peer to Peer Mentoring

Goal:

Statewide peer-to-peer mentoring program designed to support individuals with TBI through structured, evidence-informed, and recovery-oriented mentorship.

- TBI Peer-to-peer support takes place between a person who has lived experience of TBI (mentor) and a person who is new to that experience or would like support (mentee). Working together, the mentor helps identify the mentee's goals related to engaging with the community.
- Peer mentor training is 80 hours over 4 weeks.
- For all certified peer mentors, Holding the Hope will host ongoing mentor office hours, providing access to supervision, case consultation, and ongoing professional development as mentors begin providing peer support across the state.

Community Events

Goal:

A coordinated calendar of events statewide that bring community members together while increasing awareness of TBI prevention, identification, early intervention, access to resources and community connection.

- Community events are structured opportunities and supports that help individuals with brain injury participate meaningfully in their communities and engage in everyday life roles.
- These activities are designed to promote independence, social connection, skill development, and quality of life by supporting participation in areas such as recreation, volunteering, education, employment, civic engagement, and community events.

Digital Hub

Goal

A single online resource that provides connection to in person support as well as a platform for all program communication, support, and data collection.

- This hub will coordinate resources and data monitoring from in-person, community outreach and peer-to-peer programming for seamless service delivery,
- Approach is anchored by a purpose-built, secure digital platform that serves as the operational and data backbone for all three program areas.
- This platform functions as the central hub for facilitator training delivery, participant engagement, scheduling and coordination, pre/post assessment administration, real-time data collection, and continuous quality monitoring.

WA.TBISOS.org

Contact

How would you like to take part?

Not sure where to start?

Get support



I want to attend a support group

Join others living with a brain injury at a local or virtual support group.

Get started →



I want a peer support partner

Be matched one-to-one with a trained peer who understands brain injury.

Get started →



I want to participate in community events

Take part in social events, recreation, and activities in your community.

Get started →

Give support



I'm interested in becoming a support group facilitator

Help lead a support group in your community. We provide the training.

Get started →



I'm interested in becoming a TBI peer support specialist

Use your own experience to support others on their recovery journey.

Get started →



I want to provide community activities

Offer an event or activity that welcomes people with brain injury.

Get started →

Questions?

- We're building something new, together.
- Strong partnerships with businesses and communities will help guide this work.
- We want to hear from people across the state about what matters most.
- Washington TBI SOS will evolve and improve through ongoing collaboration.